

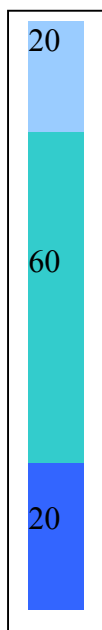


HEPATITIS C

Information, advice, testing,
support & training service

PROGNOSIS – What will happen if you get Hepatitis C?

For every 100 people are infected with hepatitis C (HCV)



20 people who are infected with Hep C will clear the virus on their own within the first 6 months. This is because some people are able to fight off the virus naturally.

60 people will remain chronically infected but will not develop any serious liver problems some may feel unwell with various symptoms such as fatigue. Some may even clear the virus later when their health and lifestyle have improved.

About 20 people who develop chronic infection will have serious disease progression over decades. Hep C usually takes up to 40 years or longer to make the liver really sick.

Only 2 or 3 people develop liver cancer out of the original 100 people exposed to Hep C this only happens after the liver develops lots of scarring called cirrhosis.

Keep your liver healthy by eating well, drinking lots of water, exercising and avoiding any substances that could harm your liver.